



Program Map

Human Services - Therapeutic Recreation

Degree: Associate of Applied Science in Therapeutic Recreation (AAS)



PUBLIC & SOCIAL SERVICES

Program Description: Therapeutic Recreation is a specialized area of Human Services. Students completing this degree will be prepared to apply recreation and experiential activities that assist in maintaining or improving the health status, functional capacities, and ultimately the quality of life for people with disabilities, chemical dependencies, offenders, the aged and others. Therapeutic Recreation has joined other adjunct therapies as a nationally recognized profession in the Allied Health and Human Services fields. Students completing the AAS degree may apply to the Consortium for Therapeutic Recreational Activities Certification (CTRAC) as a Certified Therapeutic Recreation Associate (TRA/TXC).

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Department Website
 sites.austincc.edu/huse

*Use this **Program Map** to choose courses with your college advisor and track your progress towards milestones and completion of program.*

Pre-Degree Requirements		
Program Specific	Reading and Writing Placement <i>Placements based on TSI</i>	Mathematics Placement <i>Placements based on TSI</i>
	<input type="checkbox"/> Basic Developmental Courses <input type="checkbox"/> ESOL Courses <input type="checkbox"/> INRW Courses	<input type="checkbox"/> MATD-0332 - Basic Math Skills <input type="checkbox"/> MATD-042x/032x – ALEKS Sequence <input type="checkbox"/> MATD-0385/0485 – Developing Mathematical Thinking <i>Not prerequisite for MATH-1314/1324</i> <input type="checkbox"/> MATD-0370 – Elementary Algebra <input type="checkbox"/> MATD-0390 – Intermediate Algebra <i>Take MATD-0370 and 0390 to prepare for MATH-1314/1324</i>
SEMESTER-BY-SEMESTER PROGRAM PLAN FOR FULL-TIME STUDENTS		
<i>Plans can be modified to fit the needs of part-time students by adding more semesters</i>		

Semester 1	CR	Advising Notes
EDUC 1300 - Effective Learning: Strategies for College Success OR Oral Communication	3	All first time Austin Community College (ACC) students with fewer than 12 SCH of successful college credit must take EDUC 1300 in their first semester at ACC. All other students may select either EDUC 1300 or a speech course from the Component Area Option section of the Core Curriculum Course List. See an advisor or a full-time faculty member in Human Services for more information.
ENGL 1301 - English Composition I	3	
PSYC 2301 - Introduction to Psychology	3	
PSYT 1313 - Psychology of Personal Adjustment	3	
RECT 1301 - Introduction to Therapeutic Recreation	3	
	15	Program Semester Hours / Meet with your advisor
Semester 2		
PSYT 2339 - Counseling Theories	3	
RECT 1341 - Therapeutic Recreation Leadership I	3	
PSYT 2345 - Principles of Behavior Management and Modification	3	
Mathematics OR Life and Physical Sciences	3-4	Select from the appropriate section of the Core Curriculum Course List.
	12-13	Program Semester Hours / Meet with your faculty advisor

Semester 3		
CMSW 1323 - The Exceptional Person	3	
SCWK 1303 - Ethics for Social Service Professionals	3	
Restricted Elective	3-4	Select from the following: BIOL 2404, DAAC 1319, PSYC 2314, SCWK 1305, SCWK 1321, SCWK 2311, SCWK 2331, SGNL 1401, SGNL 1402, SPAN 1411, SPAN 1412.
Restricted Elective	3-4	Select from the following: BIOL 2404, DAAC 1319, PSYC 2314, SCWK 1305, SCWK 1321, SCWK 2311, SCWK 2331, SGNL 1401, SGNL 1402, SPAN 1411, SPAN 1412.
RECT 1391 - Special Topics in Recreational Therapy	3	Select Topic Practices and Interventions in Therapeutic Recreation.
	15-17	Program Semester Hours / Meet with your faculty advisor
Semester 4		
HUSE 2471 - Internship I: Human Services	4	Student must obtain department approval in the semester prior to enrollment.
Language, Philosophy, and Culture OR Creative Arts	3	Select from the appropriate section of the Core Curriculum Course List.
Restricted Elective	3-4	Select from the following: BIOL 2404, DAAC 1319, PSYC 2314, SCWK 1305, SCWK 1321, SCWK 2311, SCWK 2331, SGNL 1401, SGNL 1402, SPAN 1411, SPAN 1412.
RECT 2431 - Therapeutic Recreation Program Planning	4	
	14-15	Program Semester Hours / Meet with your faculty advisor
Semester 5		
HUSE 2472 - Internship II: Human Services	4	Student must obtain department approval in the semester prior to enrollment. ACHIEVEMENT: Completion of Associate of Applied Science degree
	4	Program Semester Hours
Total Program Hours 60-64		

Please always check online at austincc.edu/catalog or meet with your academic or program advisor to ensure that you are viewing the latest and most accurate information.

Career & Transfer Resources

ACC's Career & Transfer websites provide detailed, guided information on career exploration and transfer.

www.austincc.edu/career

www.austincc.edu/transfer

For further information regarding this specific program, please see the Career & Transfer Resources supplement provided in the next section of this Program Map.

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Career & Transfer Resources Updated 8/18/17

Career Information

This area of study prepares the student to work in the area of therapeutic recreation/recreation therapy. Employment is often found in long-term care settings and programs for individuals with disabilities.

Common Job Titles

Recreational Therapists (includes Activities Director, Activity Assistant, Activity Coordinator, Activity Director, Certified Therapeutic Recreation Specialist (CTRS), General Activities Therapist, Recreation Therapist, Recreational Therapist, Rehabilitation Therapist, Therapeutic Recreation Specialist)

Regional Labor Market Information

Recreational Therapists: New workers generally start around \$28,849. Normal pay for Recreational Therapists is \$53,696 per year, while highly experienced workers can earn as much as \$62,514. Over the last year, 28 companies have posted 135 jobs for Recreational Therapists in this region. There are currently 93 Recreational Therapists that are employed in Austin-Round Rock, TX. Source: <https://austincc.emsicc.com/careers/recreational-therapist>

Career and labor market research tools (see Quick Reference Guide at <http://www.austincc.edu/career>):

EMSI: <https://austincc.emsicc.com/>, Bureau of Labor Statistics: <http://www.bls.gov/ooh/>, O*NET: <https://www.onetonline.org/>

Career Resources: ACC's career services website provides information on career exploration and employment at <http://www.austincc.edu/career>. Students are encouraged to consult with their area of study advisor for additional career assistance. The above information is provided as a guide and reference tool for occupations related to this program. This is not a guarantee of job placement in any of these occupations after successful completion of an ACC program. The common job titles listed are representative titles and are provided for career research. These are not the only occupations possible in this area of study.

Transfer Information

The Associate of Applied Science in Therapeutic Recreation allows for students to apply to the Consortium for Therapeutic Recreational Activities Certification (CTRAC) as a Certified Therapeutic Recreation Associate.

Transfer Guides: *The universities listed here do not constitute an ACC endorsement. Transfer course evaluations and determination of what courses will count toward a bachelor's degree are made by the receiving transfer institution.*

The most common transfer option is Texas State University, Department of Health and Human Performance, Division of Recreation Administration, BSRA major in Recreation Administration (with Therapeutic Recreation emphasis).

Texas State University:

<http://www.admissions.txstate.edu/future/transfer/tpg.html>

Additional Transfer Resources: ACC's transfer website provides information on additional colleges & universities: <http://www.austincc.edu/transferguides>. Students are encouraged to consult with a faculty advisor, area of study advisor, and/or their chosen transfer institution to ensure courses taken at ACC will apply toward their bachelor's degree program.