



Program Map 2018-2019 College Credit Catalog
Health and Kinesiology: Health



Degree: Associate of Science (AS) in Health

EDUCATION

Program Description: ACC’s Health and Kinesiology program provides students with the knowledge to pursue a wide range of disciplines including health promotion, education, government, and not-for-profit health agencies. The department encourages students to live a healthy and active lifestyle.

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www.austincc.edu/health/kine/

The Associate of Science degree in Health provides students with the first two years of coursework towards a Bachelor of Science degree in Health, preparing them for transfer to a four-year college or university. It includes specific coursework appropriate to individual academic interest as well as current or future work activities. Transfer students should consult with an academic advisor to select corequisite courses that will be accepted at preferred transfer institution.

Students interested in transferring should always contact ACC counselors and consult with an advisor or articulation officer from their receiving institution.

Students may take courses in order of preference except where prerequisites are required. The Effective Learning course must be completed within the first 12 credit hours of a student's coursework at ACC.

Use this Program Map to choose courses with your advisor and track your progress towards milestones and completion of program.

Pre-Degree Requirements		
Program Specific	Reading and Writing Placement <i>Placements based on TSI</i>	Mathematics Placement <i>Placements based on TSI</i>
	<input type="checkbox"/> Basic Developmental Courses <input type="checkbox"/> ESOL Courses <input type="checkbox"/> INRW Courses	<input type="checkbox"/> NCBM and MATD courses paired with MATH course <input type="checkbox"/> NCBM and MATD courses
SEMESTER-BY-SEMESTER PROGRAM PLAN FOR FULL-TIME STUDENTS <i>Plans can be modified to fit the needs of part-time students by adding more semesters</i>		

Semester 1	CR	Advising Notes
EDUC 1100 - Effective Learning: Strategies for College Success OR KINE activity course	1	<u>Note:</u> All first-time Austin Community College (ACC) students with fewer than 12 SCH of successful college credit must take the EDUC success course in their first semester at ACC. All other students can choose any KINE once credit hour course.
ENGL 1301 - English Composition I	3	<u>Prerequisite(s):</u> TSI complete in reading and writing or exempt.
Mathematics	3	<u>Note:</u> Select from the appropriate section of the Core Curriculum Course list. MATH 1314, MATH 1332 or MATH 1342 is recommended.
Life and Physical Sciences	3-4	<u>Note:</u> Select from the appropriate section of the Core Curriculum Course List. BIOL 1309 or BIOL 2306 is recommended.
American History	3	<u>Note:</u> Select from the following courses: HIST 1301, HIST 2301, HIST 2327, or HIST 2381. HIST 2301 and HIST 2381 may only be taken once.
KINE 1304 - Personal Health	3	
	16-17	Program Semester Hours / Meet with your advisor
Semester 2		
ENGL 1302 - English Composition II OR ENGL 2311 - Technical and Business Writing	3	<u>Prerequisite(s):</u> ENGL 1301 or equivalent with minimum grade of C. <u>Note:</u> ENGL 1302 is recommended for transfer students.

Life and Physical Sciences	3-4	<u>Note:</u> Select from the appropriate section of the Core Curriculum Course List. BIOL 1309 or BIOL 2306 is recommended.
American History	3	<u>Note:</u> Select from the following courses: HIST 1301, HIST 2301, HIST 2327, or HIST 2381. HIST 2301 and HIST 2381 may only be taken once.
KINE 1306 - First Aid OR KINE 2356 - Care and Prevention of Athletic Injuries	3	
KINE activity course	1	<u>Note:</u> Select any KINE one credit hour course.
	13-14	Program Semester Hours / Meet with your advisor
Semester 3		
Language, Philosophy, and Culture	3	<u>Note:</u> Select from the appropriate section of the Core Curriculum Course List.
GOVT 2305 - United States Government	3	
Social and Behavioral Sciences	3	<u>Note:</u> Select from the appropriate section of the Core Curriculum Course List.
Oral Communication	3	<u>Note:</u> Select a speech course from the Component Area Option of the Core Curriculum Course List.
KINE 1301 – Foundations of Kinesiology	3	
KINE activity course	1	<u>Note:</u> Select any KINE one credit hour course.
	16	Program Semester Hours / Meet with your program advisor
Semester 4		
Creative Arts	3	<u>Note:</u> Select from the appropriate section of the Core Curriculum Course List.
Core Restricted Elective	3	<u>Note:</u> Select any three credit hour course from the Component Area Option section of the Core Curriculum Course List.
GOVT 2306 - Texas State and Local Government	3	
KINE 1346 - Drug Use and Abuse	3	
KINE activity course	1	<u>Note:</u> Select any KINE one credit hour course.
KINE activity course	1	<u>Note:</u> Select any KINE one credit hour course.
KINE activity course	1	<u>Note:</u> Select any KINE one credit hour course.
		ACHIEVEMENT: Associate of Science degree in Health
	15	Program Semester Hours
Total Program Hours 60-62		

Please always check online at catalog.austincc.edu or meet with your academic or program advisor to ensure that you are viewing the latest and most accurate information.

Career & Transfer Resources

ACC's Career & Transfer websites provide detailed, guided information on career exploration and transfer.

www.austincc.edu/career

www.austincc.edu/transfer

For further information regarding this specific program, please see the Career & Transfer Resources supplement provided in the next section of this Program Map.

Transfer Information

The Associate of Science degree in Health provides students with the first 2 years of coursework towards a Bachelor of Science degree in Health, preparing them for transfer to a 3-year college or university.

Transfer Guides: *The universities listed here do not constitute an ACC endorsement. Transfer course evaluations and determination of what courses will count toward a bachelor's degree are made by the receiving transfer institution.*

The following are some Texas Colleges and Universities that offer Bachelor of Science degrees in Health (see also Kinesiology):

The University of Texas at Austin: <https://admissions.utexas.edu/apply/transfer-resources/acc-transfer-guides>

Texas State University: <http://www.admissions.txstate.edu/future/transfer/tpg.html>

Texas Tech University: <http://www.depts.ttu.edu/advising/twoyearplan.php>

The University of Texas San Antonio: https://www.utsa.edu/advise/1617_transfer/acc.html

Texas A&M University: <https://admissions.tamu.edu/transfer/majors>

Reverse Transfer: If you transfer to a four-year institution prior to graduating from ACC, you can still earn your associate degree through reverse transfer. More information on the reverse transfer process and requirements can be found at www.austincc.edu/students/transfer-services/reverse-transfer.

Additional Transfer Resources: ACC's transfer website provides information on additional colleges & universities: <http://www.austincc.edu/transferguides>. Students are encouraged to consult with a faculty advisor, [area of study advisor](#), and/or their chosen transfer institution to ensure courses taken at ACC will apply toward their bachelor's degree program.

Career Information

What Health Graduates Do

Employment opportunities exist in health promotion, education, government, and not-for-profit health agencies. Health educators/promoters maintain and improve individual and community health by assisting individuals and communities in adopting healthy behaviors. They plan, organize, and direct health education programs for group and community needs. They work with other health professionals, civic groups, and community officials to determine needs, develop goals, and evaluate the accessibility of health services. They also educate people on the availability of health resources and encourage them to make the most use of them.

Entry-Level Education

A 4-year Bachelor's degree in health studies, health promotions and/or community health is required. Master's and Doctoral degrees are also available within the field. Health Educators/Promoters may become a Certified Health Education Specialist (CHES) through the National Commission for Health Education Credentialing, Inc. To receive this certification, applicants must have a Bachelor's degree and pass a comprehensive written exam. Source: <http://www.texashotjobs.org/16C06.aspx>

Common Job Titles

Health Educators (includes Certified Diabetes Educator, Child Development Specialist, Clinical Instructor, Clinical Nurse Educator, Community Health Consultant, Community Health Education Coordinator, Education Coordinator, Health Educator, Health Promotion Specialist, Public Health Educator)

Regional Labor Market Information

Health Educators: New workers generally start around \$30,088. Normal pay for Health Educators is \$44,245 per year, while highly experienced workers can earn as much as \$79,147. Over the last year, 22 companies have posted 131 jobs for Health Educators in this region. There are currently 215 Health Educators that are employed in Austin-Round Rock, TX.

Source: <https://austincc.emsicc.com/careers/health-educator>

Career and labor market research tools (see Quick Reference Guide at <http://www.austincc.edu/career>):

EMSI: <https://austincc.emsicc.com/>, Bureau of Labor Statistics: <http://www.bls.gov/ooh/>, O*NET: <https://www.onetonline.org/>

Career Resources: ACC's career services website provides information on career exploration and employment at <http://www.austincc.edu/career>. Students are encouraged to consult with their [area of study advisor](#) for additional career assistance. The above information is provided as a guide and reference tool for occupations related to this program. This is not a guarantee of job placement in any of these occupations after successful completion of an ACC program. The common job titles listed are representative titles and are provided for career research. These are not the only occupations possible in this area of study.